WORKSITE WELLNESS

Worksite Wellness programs include team building and customer service trainings, programs to help quit smoking, weight management programs, onsite fitness, onsite chair massage, stress management, & preventative health screenings.

365 Days Of Wellness offers easy health and wellness programs that save you time and money and offer safe, proven results!

A positive work environment is essential to the health and well being for you, your team, and your business.

We come to you!

Get the support you need right where you work!

CUSTOMER SERVICE WORKSHOPS

Teamwork is the heart and soul of a small business, company, or organization.

Our *team-building* workshops are designed to create excellent **teamwork awareness**, improve **customer service**, deliver a higher rate of **customer satisfaction**, and increase **profits**.

Set up a free 30 minute phone, or onsite meeting to see how worksite wellness can improve your life and business today!

SCHEDULE YOUR APPOINTMENT!

575-224-2022 or
info@365well.org

Our Office is Located
1337 Gusdorf Rd. Suite E
Taos, New Mexico 87571

365well.org

MAXIMIZE TAOS

Grow your Business with Excellent Customer Service

365 Well

Promoting health & wellness

Discover how team building and communication will lower your rate of absenteeism and illness.

365well.org

MAXIMIZE TAOS

As a Taos Business owner, have you ever wished that your staff would provide better customer service?

We all know that the cost of low morale is high!

Did You Know That Better Customer Service Enhances Your Bottom Line?

"The Gallup Organization estimated that there are 22 million actively disengaged employees costing the economy as much as $350 billion dollars per year in lost productivity including absenteeism, illness and other low morale issues."

"Unscheduled employee absenteeism costs an average of 9% of payroll."

Considering the above information, how do absenteeism, illness and low morale impact your business?

Retrieved from:
http://www.barrettrose.com/the-high-cost-of-low-morale-and-what-to-do-about-it/ & http://www.gallup.com/home.aspx

TEAM WORK

Maximize Taos is a 12 hour certification that takes place over 8 weeks in 90 minute weekly groups or can be divided based on your schedule.

The weekly group format is designed to build communication skills, community, and connection among teams.

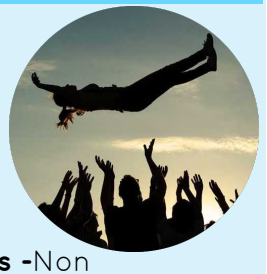
365 provides expert coaches in the art of team building and communication skills to improve the morale and effectiveness of your team.

A highly functioning and efficient team will impact your business or organization and essentially maximize your **profits**.

We guarantee our workshops to be interactive, fun and a life-changing experience!

CUSTOMER SERVICE AND TEAM BUILDING

Lessons Include:



- **Listening with Empathy -** Raising Personal Emotional Intelligence
- **Building Communication Skills -**Non Violent Communication Training
- **Managing Stress and Stressful Interactions**
- **Time Management -** Living Our Values
- **Equity Training-** Northern NM's cultural heritage and history
- **Focusing on Morale and Rapport Within Your Team-** Using Appreciative Inquiry
- **Improving Teamwork Flow -** Raising Social Intelligence
- **Promoting Eco Tourism in Northern NM** Services and Referrals to environmental activities around the Enchanted Circle and Taos
- **Promoting Northern NM's Cultural Heritages and History -** Partnerships and referrals to Northern NM's museums, historical societies, Chambers and Pueblos

Schedule your team-building workshop on-site weekly, or as a weekend retreat.